

## **A Memorandum on Case Log Expectations**

This memo is provided to aid in completion of residency training within the field of Veterinary Sports Medicine and Rehabilitation.

The case log is required so that residents can demonstrate an adequate amount of time and involvement in cases that require the specialized skills of sports medicine and rehabilitation services. For the cases logged, the resident will have taken an active role in diagnostic and therapeutic management of the case. For a case to be considered a sports medicine case, it should have a problem list or therapeutic goal that falls within the college's specialty. This is most commonly a problem that relates to the nervous, musculoskeletal, pulmonary or cardiovascular systems, though there are some exceptions.

Cases selected for the case log should show training in the following aspects of sports medicine and rehabilitation:

1. Therapeutic goals of training, fitness or conditioning as they relate to athletic performance for the patients treated and logged.
2. Nutritional, nutraceutical and pharmaceutical management, and its impact on an athlete's short and long-term athletic performance and health.
3. Evaluation, diagnosis, management, and rehabilitation of sports medicine-related illnesses and injuries with detailed knowledge of sports-specific injuries and medical problems.
4. The principles of functional anatomy, biomechanics, exercise physiology and pathology; and the mechanisms of tissue adaptation, aging, injury, healing, and repair.
5. Utilizing integrative medicine options and pain management, as they relate to rehabilitation of sports-specific injuries and performance.
6. Employing the principles and techniques of rehabilitation (e.g. physical medicine, therapeutic exercise, physiotherapeutic modalities) that return an animal to optimal function as quickly and safely as possible, including the geriatric patient.
7. Cases that require a working knowledge of athletic equipment, assistive devices, orthotics and prosthetics, in prevention and management of athletic injuries or canine/equine injury and disability.

Some additional guidance:

- Each individual patient should be counted only once for the duration of their work-up and treatment. Follow up visits and/or client contact are strongly encouraged as part of a completed case.
- If an individual patient represents at a later time with an entirely different, distinct sports med/rehab injury, they can be counted as a subsequent case.

- In order to be logged, cases should have a diagnosis or presumptive diagnosis. It is permissible to record the diagnosis as 'open' if diagnostics have been performed but did not lead to a diagnosis.
- Screening evaluations such as pre-purchase evaluations may be included in the case log; however, the ACVSMR encourages residents to diversify their case log and include cases that would require follow up for additional diagnostics and treatments pertaining to sports medicine and rehabilitation.
- A range of patient ages and ability levels are welcomed. Cases are not restricted to performance level athletes.

#### Number of Cases Required

- 400 cases total for canine residents
- 300 cases total for equine residents

#### Case Oversight

- 50% of cases must be logged during direct ACVSMR diplomate mentor oversight

Format for the case log is included in the Master Case Log and should be adhered to throughout the years of logging cases. Medical records copied and pasted into the case log will not be accepted as a completed case.